

Integratus: Case Studies Template

1. Theoretical and research bases for treatment:

- a. Psychological basis
- b. Spiritual/theological basis

2. Case introduction

- Please write about an actual case (no composites).
- Case must be properly de-identified following **guidance from HIPPA**.

When writing about clients or patients for publication, authors should follow the *Publication Manual of the American Psychological Association* (7th ed.) section 1.19, Protecting Confidentiality.

3. Presenting complaints

4. Relevant background history

5. Assessment

6. Case conceptualization

- Include clear integration of Catholic theology, spirituality, teaching/s with psychological theory or theories.
- Describe salient factors of evidence-based practice (APA, 2006): (a) use of best available research, (b) clinical expertise, and (c) consideration of patient characteristics, culture, and context.

7. Course of treatment and assessment of progress

- Demonstrates application of integrative conceptualization

8. Complicating factors and/or barriers to care

9. Treatment outcome(s)

10. Recommendations to clinicians and students

Reference

American Psychological Association, Presidential Task Force on Evidence-Based Practice. (2006). Evidence-based practice in psychology. *American Psychologist*, 61(4), 271–285. <https://doi.org/10.1037/0003-066X.61.4.271>